

Khing Jus Wurk Press Kit



Recording artist • Songwriter • Actor
Model • Author • Podcast host

Frank Monroe, professionally known as Khing Jus Wurk, is a Red Hook, Brooklyn-born recording artist, songwriter, actor, model, author, and podcast host based in the Atlanta area. His work connects original music, physical performance, and stories of resilience, supported by acting training and a Full Sail Entertainment Business degree.



Atlanta, Georgia
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Notable chart placement

I Am Wurk — No. 50, Record World National Airplay Top 50 R&B;/Hip-Hop chart, August 2, 2014.

Work and opportunities

Featured original music

Keep Getting Money — produced by The Real Piano Boy.
I Am (Wurk) — produced by The Real Piano Boy.
Made A Song About You (Girl) — produced by Farro Jarro.
All three written by Frank Monroe / Khing Jus Wurk.

Performance and education

Non-union actor with commercial, modeling, background, independent-film, and physical-performance experience. Commercial and modeling work includes LG G6, Full Sail Productions, and KO5M Clothing. Full Sail University Entertainment Business graduate; Lisa Maile School of Acting and Modeling graduate. Training includes LA Stunts, ATL Stunts, and The Jungle MMA Orlando.

Books and podcast

Shattered Control: Part One — memoir and creative nonfiction about survival, identity, and belonging.
I Am Talking: Black Talk Podcast — personal storytelling and conversations hosted by Khing Jus Wurk.

Seeking representation and suitable partnerships

Interests include artist and career development, screen and commercial work, modeling, original-music releases, interviews, podcast appearances, and creative collaborations.

[Music book podcast and video hub](#)

[Chart placement source](#)

Business: JusWurk@gmail.com | Atlanta, Georgia